



# **HAMILTON FIRE DEPARTMENT PENSIONERS ASSOCIATION NEWSLETTER**



**February 2025**

## **CALENDAR**

<b>March 11<sup>th</sup></b>	<b>Quarterly Meeting</b>
<b>March 24<sup>th</sup></b>	<b>Tom McDade Graveside Service</b>
<b>March 24<sup>th</sup></b>	<b>Tom McDade Celebration of Life</b>
<b>March 28<sup>th</sup></b>	<b>Shinny Hockey Championship Game</b>
<b>April 9<sup>th</sup></b>	<b>OMERS Annual Meeting</b>
<b>April 30</b>	<b>MROO – Zone 3 Spring Meeting</b>
<b>June 10<sup>th</sup></b>	<b>Quarterly Meeting</b>
<b>October 22<sup>nd</sup></b>	<b>Pensioner's Banquet</b>
<b>December 9<sup>th</sup></b>	<b>Quarterly Meeting</b>

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## **NOTICE OF MEETING**

### **Next Quarterly Meeting**

**Tuesday, March 11, 2024 at 10:30 am**

#### **Macassa Bay Yacht Club**

80 Harbourfront Dr (just off Bayfront Park)

Doors open at 10:00 am. Come and chat with colleagues and have a coffee, courtesy of Bob Mueller, our MBYC host.

#### **No Parking in the MBYC Compound**

On-street parking – **Obey the signs**

Overflow Parking at Bayfront Park

#### **Do Not Enter the Marine Police Compound**

## **2025 Election of Officers**

### **Article 6**

Nominations for the positions of President, Secretary or Treasurer shall be made at the March Meeting.

All nominations must be received by the Secretary by the March 2025 Quarterly meeting. Full details may be found on the website.

## Amendments to the Constitution & By-Laws

Notice of any proposed changes or amendments to The Constitution and By-Laws shall be given in writing to the Secretary by the month of March and voted on at the June meeting.

### 2025 Annual Dues

Members that have not paid their 2025 dues have until March 31<sup>st</sup> to submit payments. Accounts that remain unpaid will have their status changed to "Dormant". Payments may be made by payment in cash at the March meeting, by Interac e-Transfer or by Canada Post. For instructions regarding Interac e-Transfers send an email to: [info@hamiltonfirepensioners.ca](mailto:info@hamiltonfirepensioners.ca)

### Change of Address Notifications

**HFD PA** Contact: [info@hamiltonfirepensioners.ca](mailto:info@hamiltonfirepensioners.ca); or, (289) 260-1231

**OMERS** You must contact OMERS directly. Go to [www.omers.com](http://www.omers.com)

- Login to [www.myomers.com](http://www.myomers.com) and login to your member account;
- Click on "Update contact information"
- Or call 1-800-387-0813

**MROO** If you have a MROO Health Plan Policy, please contact the VICTOR Group, the MROO Insurance Plan administrators, at 1-800-363-7861 or 905-755-2030.

**City of Hamilton** See the HFDPA website: Pensions & Benefits > > > COH Pension Contacts link in the main menu

**Health Care Spending Allowance** If you receive the Health Care Spending Allowance (HCSA), between age 65 and 75, contact an Executive Member of Local 288. Also review. [Benefits Beyond 65](#) on our website, on the main menu.

Benefits Beyond 65		
I have had periodic inquiries from Retired Members regarding their benefits beyond 65. I sent a note to HPFFA President, Rob D'Amico about various questions regarding the Health Care Spending Account (HSCA) He advised that any retirees contact a member of the L288 Executive Board. To read more click on Benefits Beyond 65 on the HFDPA website menu bar.		

# Last Alarm



**John Gaylard**  
December 23



**Bob Fyfe**  
January 7



**Bob Culliton**  
January 12

Celebration of Life  
at a later date



**Tom McDade**  
January 17

Graveside Service  
March 24<sup>th</sup>  
White Chapel  
Cemetery

## Good and Welfare



**Wilf Elliott**  
Wilf is combating Multiple  
Myeloma while resting at  
home and needing regular  
dialysis treatments



**Paul Marchese**  
Paul is residing at The  
Village of Wentworth  
Heights LTC, room 1235



**Don Alford**  
Don has retired as the  
Good and Welfare Chair  
due to declining health  
issues.



**Walter Romachyk**  
Hospitalized at St  
Joseph Healthcare as the  
result of a fall at home.



**Lorna Rowell**  
Lorna is residing at home.  
Calls are always welcome.  
Email:  
[info@hamiltonfirepensioners.ca](mailto:info@hamiltonfirepensioners.ca)  
for her number.



**John Grimshaw**  
John is now residing at  
Isaac Brock Nursing and  
Senior Care, 353 Isaac  
Brock Dr, Stoney Creek



**Bob Konkle**  
Bob has been moved to  
St Peters Residence,  
125 Redfern Ave  
Visitors Welcome



**Norm Bush**  
During a recent phone  
call Norm indicated that  
he is doing relatively  
well.



Are you aware of any of our members that is not  
well and would like contact?

## Local 288 Announcements

### Retiring Local 288 Members

Ron Nordoff			Melissa Summers
January 1 <sup>st</sup>			January 18 <sup>th</sup>

## Wanted – Good & Welfare Chair

### Please Note

Don Alford has retired as the Good and Welfare Chair due to personal health issues.

Jim McCallum has offered to do some visitations and phone calls to members under the weather.

If any of our members are aware of another member that we have not listed above that is not well, or has moved into long term care or has recently passed away. Please contact me at

Email: [info@hamiltonfirepensioners.ca](mailto:info@hamiltonfirepensioners.ca) ; or,  
Call me at (289) 260-1231

Chuck Wilson  
Treasurer,  
Webservices & Database Administrator

	<b>ANNOUNCEMENTS</b>	
	<b>OMERS Annual Meeting</b>	
	Please join us on April 9 for the OMERS Annual Meeting in Toronto to hear more about our 2024 financial results, strategy for the future and how OMERS is serving members throughout their career journey and retirement	
	This year's meeting will be held at the Metro Toronto Convention Centre with a simultaneous webcast. In-person attendees can enjoy a hearty pre-meeting breakfast at 7:30 am; opening remarks will begin at 9 am	
	OMERS pension experts will also be on hand to answer your individual retirement questions. Don't miss this informative and engaging event.	
	<b>MROO Spring Zone 3 Meeting</b>	
	Stone Mill Inn 271 Merritt St St Catharines, ON	
	Date: April 30, 2025	
	Deadline to Register: April 16, 2025	